



Cadets

About the Cadets

Cadet units are open to young people aged 14 to 17. Being a cadet is a great opportunity to develop new skills and self-confidence, whilst playing an active role in the delivery of policing in the community.

Cadet units have been running across Avon and Somerset since 2011. To find your nearest cadet unit please visit:

Cadets units are run by police officers, police staff and volunteers in their spare time. Cadets meet for two hours a week during term time and have the chance to volunteer to take part in activities and events.

Why join the Cadets?

Being a cadet is a great opportunity to learn about what it takes to become a police officer or staff.

By being a cadet you'll have the chance to gain hands on experience, as well as learn about the various opportunities available to you within the force.

We also offer the opportunity to gain an insight into various aspects within the police force through workshops

and demonstrations, such as meeting dog handlers and visiting the forensics department.

What do Cadets aim to do?

The aims of the cadet scheme are:

- Promoting a practical understanding of policing among young people
- Encouraging the spirit of adventure and good citizenship
- Supporting local policing priorities through volunteering and giving young people a chance to be heard
- Inspiring young people to participate positively in their communities.

How do I join?

- You must be aged between 14-17 years old
- All our cadet openings can be found on our website: www.avonandsomerset.police.uk/cadets
- You will need to fill in an application form.
- If you would like to find out more information, please email:

PoliceCadets@avonandsomerset.police.uk

Our Values:
Today's Business Today

To find out more and sign up:

www.avonandsomerset.police.uk/cadets

Or email:

PoliceCadets@avonandsomerset.police.uk



Jake – Student, Works in Retail and Head Cadet

“ I started cadets as a quiet member not knowing anyone; this pushed me out of my comfort zone. I soon gained confidence and became a more outgoing person.

I am head cadet in my unit which means I have to help organise cadets at our weekly meetings. I guide and encourage new and existing cadets to be the best they can be. ”



Helen - Student, Award Winner and Cadet

“ I am very shy and being a cadet has given me so much confidence. It also gives you great work prospects and things to talk about in interviews. I can talk to a five-year-old and a 75-year-old, it has improved my communication skills and I feel proud that I am able to help people.

I received a Gold Commanders Award for my support during the Somerset Level's flooding. ”