Keep Safe at Christmas

With all the distractions in the run up to Christmas or any holiday, it's easy to forget about your own safety.

Protect your personal possessions

- ❖ Keep your bags/purses/wallets/iPods/cameras out of sight – don't advertise your stuff.
- ❖ Don't leave your phones or wallet/purses on a table. They could be snatched by a passer-by.
- ❖ Register your property on the **Immobilise** website.
- ❖ Visit the police **Protect Your Property from Thieves page**.

In pubs and clubs

- ❖ Look after your friends. Don't let them go off on their own if they're worse for wear.
- ❖ Plan your journey home. Pre-book a taxi or arrange a lift with a designated driver. Let someone know about your plans – and tell them if they change. Never accept a lift from a stranger or a taxi that pulls up without a plate showing their taxi licence number and their licensing area.
- ❖ Never leave your drink unattended. Be wary if it looks or tastes different. Tell someone if you suddenly feel unwell.
- ❖ If you see any trouble or suspect that it might be about to start, keep clear. Alert the police.

On foot

- ❖ Stay alert and be aware of your surroundings. Look and act confidently.
- ❖ Avoid walking alone if possible.
- ❖ Cover up jewellery, mobile phones and iPods and keep your bag close to your body.
- ❖ Never hitchhike.
- ❖ Stick to well-lit busy streets and be vigilant. Plan your route ahead.
- ❖ Walk facing oncoming traffic so a car cannot pull up behind you.
- ❖ If you regularly go walking or jogging, vary your route and avoid wearing headphones.
- ❖ When going to your car or home, have your keys ready at hand.
- ❖ If you think you're being followed, go to the busiest place you can find or knock on a door. Then call the police.
- ❖ If you are attacked, shout for help as loudly as you can or shout for someone to contact the police. Use your personal attack alarm. Try to get to a safe place and call the police.
- ❖ If someone attempts to take something from you, consider letting them have it rather than risk being hurt.